

5 Secrets to Moxie Your Way to Success



So, what is moxie? According to *Webster's Ninth New Collegiate Dictionary*, moxie is defined as:

1. Energy, pep
2. Courage, determination
4. Know-how expertise

For me, moxie is more of an attitude, a way of approaching your life and work. I recently had the opportunity to speak at the Women's Economic Power Day in Minneapolis. While I was there, I met keynote speaker and event founder, Ann Tardy, who spoke about creating moxie moments in your life during her presentation titled, *The Moxie Secret Sauce, Learn to Jumpstart Your Life with Moxie Moments*.

Throughout the day, I had the opportunity to speak to numerous women all there for one purpose: to empower themselves. Here are some of the secrets that I learned from Ann and others at this amazing event.

1. Rise before the shine. Find a reason to get up early even if that means you are up and about before the sun comes up. Uncover what you are passionate about and then get up and do it.
2. Surround yourself with "yay-sayers." Those who are most successful in achieving their goals eliminate the negative baggage or the "nay-sayers" from their lives. Develop a network of supporters that believe in you whether it is a formal advisory board or your family and friends.
3. Broadcast your success. Don't be afraid to brag about your accomplishments. Sharing your wins helps you to focus energy on what is going right in your life instead of those things that are going wrong, which tends to drain energy.
4. Act with an "I can do that" attitude. When asked to do something, say yes first then figure out how to do it. It worked for Madonna and Oprah and it can work for you too.

Pick one of these secrets and try it out. Then, let me know how they have helped you to moxie your way to success!

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