



## **Manifest a Season of Abundance by Giving Thanks**

November is a great month to focus on a spirit of abundance. Webster's dictionary defines abundance as:

- 1. Ample quantity, profusion**
- 2. Affluence, wealth**
- 3. Relative degree of plentifulness**

For me, the spirit of abundance begins with giving. You've got to give in order to receive. I have come to learn that this is how the universe works, like it or not. So what does this mean? It means that what you put out into the world will eventually come back to you.

How does it work? For example, if you are unwilling to share information with others, information that you need may not find its way to you. Or if you hoard money, then you may find that you have less money flowing into your checkbook than you might like.

On the other hand, if you give generously of your time, energy and money, then you will probably find you have an abundant supply of any or all of these in your life. That's how the universe works. It's that simple.

There is a Native American saying: "Give thanks for unknown blessings already on their way." The best way I know how to honor the abundance of unknown blessings that are out there waiting for me, is to give first.

Start by giving thanks to all of the people who have been implemental in creating the abundance you have enjoyed in your life. Write them a special thank you note or make a personal phone call.

My wish for you during the upcoming holiday season is that you will be able to manifest your own season of abundance. Start now and you will be amazed at what unfolds for you in the New Year. And remember, the abundance you experience in the coming year is already on its way. What unknown blessings are you giving thanks for?