



## Nine Nuggets from My Recent Blog Posts and Tweets to Inspire Your Success

When I attend networking events, participate in seminars, read newsletters and other periodicals, I always feel that my time has been well spent if I take away just one new idea that I can implement immediately or that pushes me to think outside my comfort zone. Maybe you are shaking your head and saying my expectations are too low but I have come to learn that as with most things, it is quality not quantity that matters most. This month I'd like to share some of my pithier blog posts and tweets. My hope is that you'll find at least one nugget that will help you be more successful.

I've been Blogging regularly for over three years, most recently as a featured coach for the [Women at the Top](#) blog. For this particular blog format, I'm limited to only 50 words. Looking back at my Blog posts from the past six months, here are a few that I think merit repeating.

- **Say no to busy work.** Want to thrive in today's business environment? Focus on prudent activities versus busy work. Prudent activities are those that move your organization forward. Busy work is the stuff that crops up, clutters your mind and time, and stands in the way of achieving significant goals. Say no to busy work.
- **Speak less to be heard more.** We've all heard that women use more words than men. Men use a modest 7,000 compared to 20,000 for women. In a 'bottom line it' world, it's important to remember our words have equity. The more you use the less equity they have. How much equity do your communications have?
- **Raise your credibility by taking responsibility.** Want to raise your credibility factor? Jim Collins (author, *Good to Great*) notes that Level 5 Leaders look outside themselves when something goes well and look at themselves when something goes wrong. Stop the blame game and admit your accountability. Then, accept responsibility to work on or influence the solution.
- **Get out of your own way to achieve your goals.** If you could waive a realistic magic wand, where would you like to be in six months? What challenges are getting in your way? How are they impacting you and other areas of your life? Write down what you can do to move yourself forward. Find someone to hold you accountable. Then, make it happen. Only you are standing in your own way.

Twitter is a form of micro-blogging. Tweets are restricted to 140 characters (not words!) so it can be even more challenging to get a coherent thought out. Here are just a few of My Tweets for you to consider.

- When will organizations learn fresh thinking is required to spiral up ROI? Same old, same old will get you to the same place: nowhere fast.
- Planning my work and working my plan. The key: focus only on those items with "legs" i.e. those with impact on more than one core goal.
- Taking a moment to appreciate my accomplishments today both small and large. It's all about moving the dial not how quickly it spins.
- Mapping out my day. Without a map it is easy to get sidetracked. Remember, energy flows where attention goes. Where is your attention?
- Just finished a meeting. Reminded group: sometimes 'done' is better than 'perfect.' Don't allow fear to paralyze action. Good enough press on. Yes!

I believe that if we touch even one person in our lifetime then we will have made a difference in the world. If my musings resonate with only one of you, then my mission will have been accomplished. Who are you touching today?

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